The following agencies provide general health care services and either accept DSHS Services Cards, employ sliding scale fees, or are free/low cost. Call for an appointment unless otherwise stated.

Country Doctor Community Clinic.............................................. 206.299.1600
500 19th Ave E, Seattle
M F, 9am-5pm; Tu-Th, 9am-8pm.

Country Doctor – Carolyn Downs Center.................................. 206.299.1900
2101 E Yesler Way, Suite 150, Seattle
M Tu Th F, 9am-5pm; W, 10am-8:30pm; Sa, 9am-noon.

Harborview—Adult Medicine Clinic........................................ 206.520-5000
325 9th Ave, 3rd Floor, West Clinic, Seattle
M-F, 8am-4:30pm. Tu 8am-6pm

Harborview—Family Medicine Clinic....................................... 206.520.5000
401 Broadway, #2018, Pat Steel Building, Seattle
M-F, 8am-5pm.

Harborview—International Medicine Clinic............................. 206.520-5000
325 9th Ave, Ground Floor, West Clinic, Seattle
M-W F, 8am-4:30pm; Th, 8am-8:00pm.
Offers comprehensive health care services for refugees and immigrants, ages 16 and older. Interpreters are available on-site, as well as case managers/cultural mediators.

Harborview—Pioneer Square Medical Clinic............................. 206.744.1500
206 3rd Ave S, Seattle
M Tu Th F, 7am-5pm; W, 8am-5pm.

Harborview—Third Avenue Center......................................... 206.521.1231
2028 3rd Ave, Seattle
WALK IN ONLY. Come at 8:15am for morning appointments

Holly Park Medical and Dental Clinic.................................... 206.788.3500
3815 S Othello St, Seattle
M Tu Th F Sa, 8:30am-5:30pm; W, 9:30am-7pm.

International District Medical and Dental Clinic.................... 206.788.3700
720 8th Ave S, Seattle
M-F, 8:30am-6pm; Sa, 8:30am-5pm.

North Helpline........................................................................... 206.365.8043
12736 33rd Ave NE, Seattle
Sa, 10am-12:30pm

Puget Sound Christian Clinic................................................... 206.363.4105
2150 N 122nd St, Seattle
W, 5-9pm; F, 9:30am-1pm

The following agencies provide general health care services and either accept DSHS Services Cards, employ sliding scale fees, or are free/low cost. Call for an appointment unless otherwise stated.

Country Doctor Community Clinic.............................................. 206.299.1600
500 19th Ave E, Seattle
M F, 9am-5pm; Tu-Th, 9am-8pm.

Country Doctor – Carolyn Downs Center.................................. 206.299.1900
2101 E Yesler Way, Suite 150, Seattle
M Tu Th F, 9am-5pm; W, 10am-8:30pm; Sa, 9am-noon.

Harborview—Adult Medicine Clinic........................................ 206.520-5000
325 9th Ave, 3rd Floor, West Clinic, Seattle
M-F, 8am-4:30pm. Tu 8am-6pm

Harborview—Family Medicine Clinic....................................... 206.520.5000
401 Broadway, #2018, Pat Steel Building, Seattle
M-F, 8am-5pm.

Harborview—International Medicine Clinic............................. 206.520-5000
325 9th Ave, Ground Floor, West Clinic, Seattle
M-W F, 8am-4:30pm; Th, 8am-8:00pm.
Offers comprehensive health care services for refugees and immigrants, ages 16 and older. Interpreters are available on-site, as well as case managers/cultural mediators.

Harborview—Pioneer Square Medical Clinic............................. 206.744.1500
206 3rd Ave S, Seattle
M Tu Th F, 7am-5pm; W, 8am-5pm.

Harborview—Third Avenue Center......................................... 206.521.1231
2028 3rd Ave, Seattle
WALK IN ONLY. Come at 8:15am for morning appointments

Holly Park Medical and Dental Clinic.................................... 206.788.3500
3815 S Othello St, Seattle
M Tu Th F Sa, 8:30am-5:30pm; W, 9:30am-7pm.

International District Medical and Dental Clinic.................... 206.788.3700
720 8th Ave S, Seattle
M-F, 8:30am-6pm; Sa, 8:30am-5pm.

North Helpline........................................................................... 206.365.8043
12736 33rd Ave NE, Seattle
Sa, 10am-12:30pm

Puget Sound Christian Clinic................................................... 206.363.4105
2150 N 122nd St, Seattle
W, 5-9pm; F, 9:30am-1pm

February 2014
**DENTAL**

The following agencies provide general dental care and services, and accept DSHS Services Cards, employ sliding scale fees, or are free/low cost. Call for an appointment unless otherwise stated.

**Neighborhood Health—45th Street Clinic**
1022 N 45th St, Seattle
M-F 8:30am-5:30pm
Offers emergency care, limited root canals. Primarily serves Asian/Pacific Islanders.

**International District Clinic**
720 8th Ave S, Seattle
M-F, 8am-5pm
Offers emergency care, limited root canals. Primarily serves Asian/Pacific Islanders.

**Public Health—Columbia**
4400 37th Ave S
M-W, 8:30am-6pm; Th, 9am-6pm; F, 8am-5pm.
General dental services for children, ages 3-18, and pregnant women.

**Public Health—Downtown**
2124 4th Ave
M-F, 8am-5pm.
General dental services for people who are homeless ages 13 and older.

---

**EYE CARE**

The following agencies either accept DSHS Services Cards, employ sliding scale fees, or are free/low cost.

**Harborview Medical Center—Eye Clinic**
325 9th Ave, 4th Floor, West Clinic Wing, Seattle
M-F, 8am-4:30pm.
Offers eye exams, emergency eye care, diagnosis and treatment of rare eye diseases, eye surgery and referral for low vision aids.

**Millionair Club Charity, Inc**
2515 Western Ave, Seattle
Walk in first business day of month at 7:30am
Provides eye exams and glasses at a weekly eye clinic for those who have no insurance or Medicaid. Clients may receive assistance once per year. The program is run by volunteer opticians and optometrists.

**Optometric Center of Seattle**
1024 3rd Ave, Seattle
Voicemail only
Provides eye exams and glasses at sliding scale cost; additional charge for extras; offers a voucher program for free examination and glasses for people who are homeless.

**YWCA of Seattle/King County**
206.436.8644
Provides homeless individuals with vouchers for free eye exams and glasses.

---

**NEEDLE EXCHANGE**

**Capitol Hill Needle Exchange**
206.263.2000
1002 E Seneca St, Lifelong AIDS Alliance’s Front Lobby, Seattle
M-Sa, 6:30-8:30pm.
Provides new sterile syringes in exchange for used ones. Also distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

**Downtown Needle Exchange**
206.263.2000
2124 4th Ave, Robert Clewis Center, Seattle
M-F, 1-5pm. Sa, 2-4pm.
Clinic provides abcess treatment and care, HIV/hepatitis testing and counseling, Hepatitis A & B vaccinations, treatment for colds and upper respiratory infections as well as TB screening.

---

**People’s Harm Reduction Alliance**
206.330.5777
NE 43rd St and University Way NE, Table Alley Location, Seattle
Su, 1-5pm; Tu Th, 5-7pm; F, 1-5pm.
Provides new sterile syringes in exchange for used ones. Distributed clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.