Where to Turn Quick Reference 2014 Edition
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The agency's services are listed alphabetically by category and sub-category.

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| AARP Foundation WorkSearch | Older Adults
Employment |
| arpanworksearch.org | Food
Food Pantries |
| Provides free employment and training services for mature workers/older adults. Paid community service is available if applicant is age and income eligible. | DISABILITIES
Advocacy and Support Services |
| Adra P. Berry Food Bank | DOMESTIC VIOLENCE
Hotlines
Legal Services
Mental Health Services
Support/Therapy Groups
Transitional Housing |
| ragingrivercommunitychurch.org | SEXUAL ASSAULT
Resources |
| Operates a food pantry for anyone in need. Walk in; no screening is done. Clients report how many are in the family and what city they live in. | FAMILY & FAMILY SERVICES
Parenting Education |
| ADWAS - Abused Deaf Women's Advocacy Services | CHEMICAL DEPENDENCY
Hotlines/Support Groups
ETHNICITY
Mental Health/Counseling |
| adwas.org | DISABILITIES
Advocacy and Support Services |
| Provides a domestic violence hotline, transitional housing, advocacy/legal services, mental health counseling, and support groups for victims of sexual assault and domestic violence who are deaf, deaf-blind and hard-of-hearing. Also offers a prevention-focused parenting class teaching positive parenting skills to the deaf, deaf-blind, and hard-of-hearing community. | CHEMICAL DEPENDENCY
Hotlines/Support Groups
ETHNICITY
Chemical Dependency |
| Al-Al-An/Alateen Information Service | DISABILITIES
Advocacy and Support Services
Assistance Technology Job Services
Support Groups |
| seattle-al-an.org | Alzheimer's Association
Western and Central Washington State Chapter |
| Offers support groups for friends or relatives concerned about someone else's alcohol consumption. Offers special groups for teens and Spanish speakers. | aizwa.org |
| Alcoholics Anonymous - King County | Provides an education and support services hotline for those affected by Alzheimer's disease and related disorders. Coordinates Alzheimer's disease support groups for family members and caregivers. Conducts comprehensive needs assessments, care plan development and follow-up for people with Alzheimer's and their caregivers. |
| seattleaa.org | Provides legal consultation in cases where someone's civil rights have been violated due to their disability. Provides skills training to help people with disabilities live independently in the community. Coordinates peer support groups for adults and youth. Assistive technology lab helps people with disabilities be trained on computers and other technologies that can increase their employability. Provides information and referral to other disability resources. |
| Alliance of People with disAbilities | Alzheimer's Association
Washington Chapter |
| disabilitypride.org | Advantage
Advocacy and Support Services
Assistance Technology Job Services
Support Groups |
| Offers legal consultation in cases where someone's civil right have been violated due to their disability. Provides skills training to help people with disabilities live independently in the community. Coordinates peer support groups for adults and youth. Assistive technology lab helps people with disabilities be trained on computers and other technologies that can increase their employability. Provides information and referral to other disability resources. | Human Reproduction
Pregnancy Counseling
Youth & Family Services
Adoption Resources
Foster Care Placement |
| Alzheimer's Association | Antioch Community Counseling Clinic |
| aizwa.org | antiochseattle.edu/counseling |
| Provides comprehensive needs assessments, care plan development and follow-up for people with Alzheimer's and their caregivers. | Provides low-cost outpatient counseling and psychological services including individual therapy, family therapy, play therapy, clinical consultation, couples therapy, group therapy, art therapy and psychological assessment. Services are provided by qualified students enrolled in Masters and Doctoral clinical psychology programs at Antioch University Seattle. Antioch faculty members who are licensed mental health professionals supervise the student staff. |
| American Civil Liberties Union of Washington | Legal
Civil Rights/Advocacy |
| aclu-wa.org | Maintains and advances the individual rights guaranteed by the Bill of Rights via advocacy/legal services. Special interests include freedom of assembly, separation of church and state, death penalty, freedom of speech, privacy and technology, employee drug testing and prisoner rights. |
| American Diabetes Association - Washington Area | HEALTH CARE
Condition-Specific Camps for Youth
Information and Referral/Hotlines
Support Groups |
| diabetes.org | Provides information about diabetes to the public and medical professionals. Provides information and referrals to medical specialists and to community clinics for care, supplies, support groups and educational meetings throughout Washington state. Educational videos and books for children and adults are available. Coordinates recreational activities for youth with diabetes as well as condition-specific camps. |
| American Heart Association | CAREGIVERS
Support Groups |
| heart.org | American Legion
legion.org |
| Works to build healthier lives free of cardiovascular diseases and stroke. Offers public and professional education programs. Also has listings of stroke support groups, including groups for caregivers. | VETERANS/MILITARY
Advocacy and Support Services
Financial Assistance |
| American Lung Association of the Mountain Pacific | HEALTH CARE
Information and Referral/Hotlines
Specialized Health Services Support Groups |
| lungmpacific.org | Works to assure lung health for the people of Washington state through research, education, community support, support groups and advocacy. Provides specialized healthy home assessments for King County residents and assists clients in locating clinics that provide flu shots. |
| American Parkinson's Disease Association | American Vietnam Veterans Association
Washington Chapter |
| washingtonparkinsons.org | Waparkinsons.org |
| American Red Cross Serving King & Kitsap Counties | CAREGIVERS
Advocacy and Support Services
Respite Care
Support Groups |
| redcross.org/wa/seattle | Offers support services to people with Parkinson's disease and their caregivers. Provides information and referrals to support groups for patients, families and other caregivers. Will pay up to 20 hours for companion respite care services or skilled nursing care services per year. Provides individuals with Parkinson's disease (or their caregivers) $300 worth of taxi vouchers for one year if they are unable to drive. |
| Antioch Community Counseling Clinic | DISASTER
Preparedness
Relief |
| antiochseattle.edu/counseling | Provides relief to victims of disasters and help people prevent, prepare for and respond to emergencies. Provides language interpretation and translation for individuals and nonprofit agencies. Provides welfare inquiries and other critical support to keep lines of communication open between military members and their families. |
| Antioch Community Counseling Clinic | IMMIGRANT/REFUGEE
Interpreters/Translation |
| antiochseattle.edu/counseling | Provides legal interpretation and translation services for and to community clinics for care, supplies, support groups and educational meetings throughout Washington state. Educational videos and books for children and adults are available. Coordinates recreational activities for youth with diabetes as well as condition-specific camps. |
| American Red Cross Serving King & Kitsap Counties | VETERANS/MILITARY
Advocacy and Support Services |
| redcross.org/wa/seattle | Provides education and support services hotline for people with Parkinson’s disease (or their caregivers) $300 worth of taxi vouchers for one year if they are unable to drive. |
| Antioch Community Counseling Clinic | MENTAL HEALTH
Evaluation and Assessment Outpatient Counseling |
| antiochseattle.edu/counseling | Provides low-cost outpatient counseling and psychological services including individual therapy, family therapy, play therapy, clinical consultation, couples therapy, group therapy, art therapy and psychological assessment. Services are provided by qualified students enrolled in Masters and Doctoral clinical psychology programs at Antioch University Seattle. Antioch faculty members who are licensed mental health professionals supervise the student staff. |
SERVICES

DOMESTIC VIOLENCE: Support/Therapy Groups

Services are listed in alphabetical order by category, then sub-category, then agency name.

The agencies listed in the Services section include name, address and phone number(s).

DOMESTIC VIOLENCE

Support/Therapy Groups

Agency

(206) 555-5555

Address
CAREGIVERS: Advocacy and Support Services

CAREGIVERS

Advocacy and Support Services

Alzheimer’s Association
Western and Central Washington State Chapter ....................................(800) 272-3900
100 W Harrison St, North Tower, N200, Seattle, WA 98119
American Parkinson’s Disease Association - Washington Chapter ............(206) 277-5516
1660 S Columbian Way, VA Puget Sound Health Care, Seattle, WA 98108
American Parkinson’s Disease Association - Washington Chapter ............(425) 243-2732
1660 S Columbian Way, VA Puget Sound Health Care, Seattle, WA 98108
Casey Family Programs .................................................................(206) 322-6711
1123 23rd Ave, Seattle, WA 98122
Catholic Community Services - Kinship Programs - Seattle .....................(206) 328-5787
100 23rd Ave S, Randolph Carter Family Center, Seattle, WA 98144
Crisis Clinic - King County 2-1-1 ......................................................(206) 436-2975
No walk-in services.
Elder & Adult Day Services
- Bellevue .................................................................(425) 867-1799
12831 NE 21st Pl, Bellevue, WA 98005
- Des Moines ...........................................................(206) 592-1211
816 S 216th St, Suite 1, Des Moines, WA 98198
EvergreenHealth - Behavioral Health Services ..................................(425) 899-6300
No walk-in services.
Kim On Community Health Care - Family Caregiver Support Center ............(206) 652-2330
815 S Weller St, Suite 212, Seattle, WA 98104
King County Bar Association ....................................................................(206) 267-7086
1200 5th Ave, Suite 600, Seattle, WA 98101
Mercer Island Youth and Family Services .............................................(206) 275-7611
National Multiple Sclerosis Society - Greater Northwest Chapter ............(800) 344-4867 ext. 1
192 Nickerson St, Suite 100, Seattle, WA 98109
Senior Services .................................................................................(206) 448-3110
2208 2nd Ave, Lillian Rice Center, Suite 100, Seattle, WA 98121
University of Washington - DECOD Clinic .........................................(206) 543-4619
1959 NE Pacific St, B239, Health Sciences Center, Seattle, WA 98195
Washington Adult Day Services Association ........................................(206) 461-3899
85 S Washington St, Suite 314, Seattle, WA 98104
Respite Care

American Parkinson’s Disease Association - Washington Chapter ............(206) 277-5516
1660 S Columbian Way, VA Puget Sound Health Care, Seattle, WA 98108
Children’s Country Home ........................................................................(425) 806-9453
14643 NE 166th St, Woodinville, WA 98072
Crisis Clinic - King County 2-1-1 ......................................................(206) 436-2975
No walk-in services.
EvergreenHealth
- Evergreen Care Network ........................................................................(425) 899-3200
12040 NE 128th St, Blue 1 - 140, Kirkland, WA 98034
- Gene & Irene Wockner Hospice Center ..............................................(425) 899-1040
12822 124th Ln NE, Kirkland, WA 98034
Kim On Community Health Care - Family Caregiver Support Center ............(206) 652-2330
815 S Weller St, Suite 212, Seattle, WA 98104

CHEMICAL DEPENDENCY: Clean and Sober Living

Support Groups

Alzheimer’s Association
Western and Central Washington State Chapter ....................................(800) 272-3900
100 W Harrison St, North Tower, N200, Seattle, WA 98119
American Heart Association .................................................................(206) 632-6881
710 2nd Ave, Suite 900, Seattle, WA 98101
American Parkinson’s Disease Association - Washington Chapter ............(206) 277-5516
1660 S Columbian Way, VA Puget Sound Health Care, Seattle, WA 98108
Atlantic Street Family Center ...............................................................(206) 723-1301
4730 32nd Ave S, Zon Preparatory Academy, Seattle, WA 98118
Casey Family Programs .................................................................(206) 322-6711
1123 23rd Ave, Seattle, WA 98122
Compass - Downtown North Bend ....................................................(425) 888-3347
209 Main Ave S, North Bend, WA 98045
Epilepsy Foundation Northwest - Seattle ..............................................(206) 547-4551
2311 N 45th St, Suite 134, Seattle, WA 98103
Gilda’s Club Seattle ..............................................................................(206) 709-1400
1400 Broadway, Seattle, WA 98122
Highline Medical Center ...........................................................................highlinemedicalcenter.org/calendar/
16251 Sylvester Rd SW, Burien, WA 98166
National Multiple Sclerosis Society - Greater Northwest Chapter ............(800) 344-4867 ext. 1
192 Nickerson St, Suite 100, Seattle, WA 98109
Overlake Hospital Medical Center ......................................................(425) 688-5259
1035 116th Ave NE, Bellevue, WA 98004
Renton Area Youth & Family Services ..................................................(206) 772-2050
Riverview Center - Stone Way ..........................................................(206) 723-1301
St. Elizabeth Hospital .............................................................................(206) 302-3672
5070 East Marginal Way South, Seattle, WA 98119
Swedish Medical Center - First Hill - Swedish Cancer Education Center .......(206) 386-3228
1221 Madison St, Swedish Cancer Institute, Seattle, WA 98104

CHEMICAL DEPENDENCY

Clean and Sober Living

Catholic Community Services - Housing Services
- Katherine’s House ..............................................................................(253) 856-7716
No walk-in services.
- Rita’s House .....................................................................................(253) 833-5271
No walk-in services.
Catholic Housing Services - Traugott Terrace ........................................(206) 267-3023 ext. 23
2317 3rd Ave, Seattle, WA 98121
Community Psychiatric Clinic - Housing Services - Stone Way ..............(206) 461-3707
4120 Stone Way N, Seattle, WA 98103
Compass Housing Alliance - Compass Center .....................................(206) 357-3155
77 S Washington St, Client Services Office, Seattle, WA 98104
Immanuel Community Services .........................................................(206) 622-1930
1215 Thomas St, Seattle, WA 98109
Multi-Service Center
- Federal Way ....................................................................................(253) 838-6810 ext. 161
1200 S 336th St, Federal Way, WA 98033
- Kent ..............................................................................................(253) 854-4406 ext. 138
515 W Harrison St, Kent Alliance Center, Kent, WA 98032

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